



## School Health Advisory Council Minutes

Waco ISD SHAC meeting, April 14, 2023, @ 12:00; WISD Boardroom & Zoom

In attendance: Anna Futral, Sarah Walden, Adrica Boffman, Melissa Vega, Christi Yourman, Matt Rambo, Josie Gutierrez, Rhianna Settles, Suzanne Hamilton, Yolanda Williams, Rachelle Warren, David Williams, Sarah Hodde, Sara Miller, Julianne Heldt, Tammy Boyett

1. Call to Order and Verification of Agenda Posting: Rhiannon Settles
2. Order of Business: Rhiannon Settles
  - a. Review & Approval of previous minutes
  - b. Duties of SHAC; Review of responsibilities
3. Informational Items/Updates:
  - a. **Health Services/Wellness Policy:** Wrapping the end-of-year shot records, medicine, and next year's needs, screenings were completed. Nurse Settles is looking for two nurse positions.
  - b. **Counseling/Guidance:** Sara & Julianne (SEL Coordinators) updated the members on the audit of WISD's counseling program; needs assessment data, SEL data from students for program goals; planning for next year's lessons.
  - c. **Employee Health & Wellness:** Tammy (HR-Benefits) updated on the employee wellness program, review of the district's insurance BCBS resources and programs that are available, smoking, diabetes, or cholesterol screeners; shared through new hire orientation as well; Care Solace, District Therapist; Flu shot clinic; online mental health resources; Annual Health Fair during new teacher induction; Employee SEH committee; district-wide monthly health-related newsletter.
  - d. **Child Nutrition Services:** Focus on summer feeding program, Food truck, and on/off-site information; requested help from committee to get the word out to

families that this is available to any child under 18, to eat this summer; flyers will be shared.

- e. **Safety:** The Chief of Police for WISD shared the department's end-of-year push for safety to stay at the forefront of people's minds, to stay focused on the end, continuing to be present, visible, and help out.

4. [Bylaws](#)

5. Wellness Policy: members worked on reviewing and updating the District Wellness Plan.

6. End of Year SHAC Self Assessment/Feedback

7. Debrief: Topics for next year

8. Adjournment