



# MINUTES

## School Health Advisory Council

*Date | time* 3/24/2021 12:00 PM | *Meeting called to order by* Suzanne Hamilton

### In Attendance:

**Parents/Families:** Jonathan Grant, Kristen Polk, Ashlie Serrato, Hope Balfa Mustakim

**Students:** Abigail Zimmerman, Calla Carlson,

**Community Members:** Dr. Steve Slaughter, Tiffiney Gray, Lana Gann, Beth Olson

**Waco ISD Employees:** Dr. Rachele Warren, Suzanne Hamilton, Dr. Susan Kincannon, Dr. Kathy Wigtil, Pam Fischer, Joshua Wucher, Yolanda Williams, Cait Kelley, Rhiannon Settles, Joe Emmons, Kyle DeBeer

### Health and Wellness Information:

**Welcome and Introductions** – Mrs. Hamilton welcomed everyone.

**Review of Previous Minutes**- Ms. Hamilton presented and asked everyone to review the minutes from the last SHAC meeting and asked for someone to approve and second the minutes. Dr. Wigtil approved and Rhiannon Settles seconded the motion.

**COVID Update: Vaccines** – Mr. DeBeer along with Mrs. Settles updated the committee on the COVID numbers for our district and the county and how the numbers are declining. They also gave an update how many clinics were offered to our employees and the number of our employees that have received the vaccine. Mr. DeBeer stated that the mask requirements and shared spaces in Waco ISD will remain in place to the end of the year and have not changed.

**HB 18: Student wellness & health services** - Dr. Steven Slaughter with the HOT Region MHMR Mental Health First Aid Outreach explained the type of training that they offer to teach parents, family members, school staff, etc. how to recognize and help a person or adolescent who may be experiencing a mental health or addictions challenge or is in crisis. Topics covered include anxiety, depression, substance use, disruptive behavior disorders, and eating disorders.

**Q&A; Debrief**- Dr. Slaughter was asked by Mrs. Hamilton to give a brief description as to what the training involves and what was the purpose as to why the training was developed. Dr. Warren asked about success stories and responses from other school districts that have taken the training. He stated that referrals have gone down and that parents are participating more. Ms. Williams asked to explain who the target audience is for this training and the expectations, Dr. Slaughter's answer was anyone that we would want it to be the object is to have everyone certified because the training focuses on the average day and average individual. Tiffany Gray asked if there would be some type of a toolkit or pocket guide for the educators? Dr. Slaughters answer was yes there will be a pocket guide available and also there will be access to all of the instructions.

**Adjournment**- 12:57 p.m.

Parent/Student & Public comment

Next Meeting May 12, 2021

Approved Minutes on:

Signature of Co-Chair