

# **School Health Advisory Council (SHAC) Meeting**

## **MINUTES**

**March 4, 2010**

### **Welcome**

Liz Harris (Director of Student Services) opened the meeting promptly at 5:30 p.m. She introduced herself and asked everyone present to stand and state name, occupation and if they had a student who attended a Waco school and what school they attended.

### **Mission of SHAC**

She reinforced the mission statement of the School Health Advisory Council which was included in their handouts and briefly explained the council's duties which include recommending:

1. The number of hours of instruction to be provided in health education;
2. Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes through coordination of health education, physical education and physical activity, nutrition services, parental involvement and instruction to prevent the use of tobacco;
3. Appropriate grade levels and methods of instruction for human sexuality instruction; and
4. Strategies for integrating the curriculum components specified by item 2, above, with the following elements in a coordinated school health program:
  - a. School health services;
  - b. Counseling and guidance services;
  - c. A safe and healthy environment; and
  - d. School employee wellness.

### **District/Campus Health and Wellness Committee**

**Elaine Botello**

Elaine Botello, Benefits and Risk Manager, gave a power point presentation of all the great wellness activities that are going on in the Waco Independent School District. A suggestion was made that perhaps the students in the Health class could be in charge of the campuses' Wellness Program.

### **CTE Health Related Career Pathways**

**Donna McKethan**

Donna McKethan, Director of Career and Technical Education and Counseling, gave a power point presentation on the outlook for Health Careers. Healthcare is one of the largest industries. In 2008 it provided 14.3 million jobs for wage and salary workers. Healthcare will generate 3.2 million new wage and salary jobs between 2008 and 2018, more than any other industry, largely in response to rapid growth in the elderly population. The Department of Labor projects a 30.3% increase in the number of health care jobs between now and 2014. That's 4,700,000 new health care jobs. Health care jobs and careers are the rising stars of the

employment outlook. She gave a brief outline of the health career path for AJM Academy of Health Professions, UHS Health Science and Medicine, and WHS Science Medical Terminology Counseling & Mental Health. She continued to stress that the outlook for health care is a great professional career to follow.

### **Health Curriculum**

**Liz Harris**

- \* **SHAC Recommendation**
- \* **Human Growth and Development**

The SHAC committee recommended that the Health course be taught as early as 7<sup>th</sup> and 8<sup>th</sup> grade which would lead to a middle school requirement but not a requirement needed to graduate.

### **Tobacco Education – Giving Tobacco the Boot**

**Liz Harris**

Giving Tobacco the Boot brochure and folding card that had been purchased with Tobacco Grant funds were provided for each member.

### **Title IV Programs – Safe and Drug Free Schools**

**Liz Harris**

- \* **Safe School Ambassador’s Parent Night**

On March 1, 2010 beginning at 6:00 p.m. in the Waco HS Performing Arts Center, a parents’ night was held to tell about the Safe School Ambassador Program. It was an overall success, but we will strive for greater success at the next parents’ night.

### **21<sup>st</sup> Century Task Force**

**Dr. Jack Henderson**

Dr. Jack Henderson, Director of Student Management, explained to the committee about the 21<sup>st</sup> Century Task Force Committee. He also told a little bit about how the SHAC and 21<sup>st</sup> Century Task Force committee work hand in hand to meet state requirements for our campuses and the students of the Waco Independent School District. Dr. Henderson briefly reviewed afterschool programming in Waco ISD.

The committee was advised of the next scheduled meeting, April 13 and the meeting adjourned at 7:30 p.m.